

Collaboration: A Multi-Disciplinary Eating Disorder Treatment Training

Friday, August 12, 2016

8:00 am- 4:30 pm

The Ohio Union, West Ballroom
1739 N. High Street, Columbus, OH 43210

Sponsored by The Ohio State University, Office of Student Life, Counseling and Consultation Service and Student Health Services & The Ohio State University College of Social Work

Course Description:

This training day will be the first of its kind at The Ohio State University, both for and about multi-disciplinary treatment providers, networking, and enhancing team collaboration to heighten care for those with disordered eating. Providers from The Ohio State University, as well as the local Columbus community, will learn best practices in their field and those of their counterparts, including effective collaboration, from local and state-wide eating disorder treatment experts.

Objectives:

Upon conclusion of the program, attendees will:

1. Learn about evidence-based, cutting-edge eating disorder treatment in their own fields (therapeutic, nutritional, and medical).
2. Learn the type of work they can expect from their treatment provider counterparts and the importance of collaborative patient care.
3. Learn skills for collaborating effectively with other eating disorder professionals.



Our keynote speaker is Dr. Laura Hill, the President and CEO of The Center for Balanced Living, a free standing not-for-profit organization that specializes in the education, research, and treatment of eating disorders. Dr. Hill was the recipient of the Muskingum University Distinguished Service Award in 2014, as well as the National Eating Disorders Association (NEDA) Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness in 2011. She was a TEDx Columbus speaker in 2012, an original founder of the Academy for Eating Disorders in 1993, and was the Director of what is now known as the National Eating Disorder Association (NEDA) from 1990-1994.

Dr. Hill is the lead author of the Family Eating Disorder Manual and has conducted research and spoken internationally over the last 35 years. She is the recipient of the national Feeding Hope award by NEDA, in collaboration with University of California, San Diego Eating Disorders Center for Treatment and Research.

AGENDA

- 8:00-8:20 Registration and Breakfast
- 8:20-8:30 Introductions
- 8:30-9:45 **Keynote: Eating Disorders from the Inside Out**
Laura Hill, PhD
President and CEO
The Center for Balanced Living
- 9:45-11:00 **Medical Complications and Treatments of Eating Disorders**
Cynthia Holland-Hall, MD
Medical Director
Eating Disorders Program
Nationwide Children's Hospital
- Griffin Stout, MD*
Child & Adolescent Psychiatry
Nationwide Children's Hospital
- 11:00-11:10 Break
- 11:10-12:00 **The Role of the Dietitian**
Sonja Stotz, RD, LD
Director of Food and Nutrition
The Center for Balanced Living
- 12:00-1:00 Networking Hour – Lunch on your own
- 1:00-2:00 **Psychological Therapeutic Interventions for Clients with Eating Disorders**
Sarah Altman, PhD
Clinical Assistant Professor
Department of Psychiatry and Behavioral Health
The Ohio State University Wexner Medical Center
- 2:00-2:15 Break
- 2:15-3:30 **New Developments on a Special Topic: Binge-Eating Disorder**
Lucene Wisniewski PhD, FAED
Chief Clinical Officer
The Emily Program
- 3:30-4:30 **Panel: Controversial Topics in Eating Disorder Treatment**

REGISTER ONLINE

(Or copy and paste into your browser: <https://ccme.osu.edu/ConferenceDetail.aspx?ID=1843>)*

**You must be logged into an Ohio State CME account to register.
If you need assistance, contact the CME office at (614) 293-3576.**

** All attendees must complete online registration. A valid email address is required.
Failure to provide an email address will delay the processing of your registration and CME credits.*

REGISTRATION FEE

Physician, Counselor, Social Worker, Marriage and Family Therapist,
Psychologist, Dietitian, or other - \$ 30

FORM OF PAYMENT

Credit Card: *Visa, MasterCard, Discover & American Express accepted online only.*

Check: *Made payable to The Ohio State University*

If paying by mail, send check to: Counseling and Consultation Service
4th Floor, Younkin Success Center
1640 Neil Ave.
Columbus, OH 43201
Attn: Mary Wargo

Course Cancellation Policy: Requests for cancellation submitted on or before 5 p.m. EST, August 11, 2016 will receive a full refund minus a \$25 processing fee. No refunds will be issued after this date. The Ohio State University reserves the right to cancel this program at any time and will assume no financial obligation to the registrants; however, registration fees will be refunded in full.

Accreditation Statement

The Ohio State University Center for Continuing Medical Education (CCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

AMA Credit Designation Statement

The Ohio State University Center for Continuing Medical Education (CCME) designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

6 CEU's available for:

Counselors, Social Workers, Psychologists, and Marriage and Family Therapists.